

# ACAM Annual Conference Orlando, Florida

American College for Advancement in Medicine was founded in 1973. ACAM is a non-profit medical society dedicated to educating physicians and other health care professionals on the latest findings and emerging procedures in preventative, environmental, nutritional, and longevity medicine. ACAM's goals are to improve physician's skills, knowledge, and diagnostic procedures to develop public awareness of alternative methods of medical treatment.

## Alice Tomasello, Spiritual Plumber™/Medical Intuitive

### Syllabus for Spiritual Plumber™ Workshop

**The Spiritual Plumber™/Medical Intuitive concept can help you in your medical practice. Each one of us has the ability to heal through energy. Energy medicine is becoming more popular year after year. Many scientific breakthroughs have happened by measuring energy variations emitted through diseased organs. You, as a practitioner, can keep an open mind to energy medicine and consider expanding your ability to help your patients.**

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## **Alice M. Tomasello, Spiritual Plumber™/ Medical Intuitive**

My name is Alice M. Tomasello and I am called a spiritual plumber™/medical intuitive. I see things in and around the human body that most extra-sensory medical intuitives do not see yet. My sight began on March 1, 1999. I can see the intricate detail of DNA, and chromosomes. I can see each layer of the systems that make up the human body. I can easily see the relationships of each system and how their malfunctions interfere with the wellness of the human body. I see things in the human body that are not yet mapped, photographed, drawn, or known.

Because I am not a medical doctor and have no formal training, my strategy was to develop a team of experts who had the training, experience and knowledge of the human and spiritual energy body. These experts have been my teachers and students. We have teamed together under the banner of Spiritual Plumbers™. **A Spiritual Plumber™ is someone who has mastered two or more of their extrasensory gifts of sight, sound, smell, touch, feeling or knowing.** The development and mastery of these gifts have practical and dramatic applications in everyday life.

When I am going to evaluate a person for a Spiritual Plumber™ session, I ask GOD for help. I am not given advanced information about the person or the diagnosis and test results that the person has completed. Neither the patient or doctor provide me with information in advance, this is my preference. After asking GOD for help, I instantaneously receive communication and knowledge on what is to be done for the person being evaluated. Each Spiritual Plumber™ receives their own communication through their extrasensory gifts. Together as a team we begin our work.

**When I meet a person for the first time, the person will change back and forth in time.** In other words, they may be a three year old, a fifty year old, and a twelve year old, etc. The relationship of these age changes is directly affected by events that have occurred in their lives, which are stored in cellular memory throughout their body and spiritual electromagnetic fields. The cellular memory system of crystallized debris in the human body, is not yet mapped, drawn or photographed. These crystals look like slivers of glass. They require huge amounts of electricity to exist. They steal the electricity from anywhere they can get it in the human body or spiritual electromagnetic fields. This is why systems in the human body begin to fail. The systems do not have enough power to operate.

Each crystallized cellular memory tells a story about itself. It reveals the color, sounds, smells and events, which gave it birth. Spiritually, there is a direct correlation between the event of its birth and the physical malfunctions of the body systems. Modern medicine labels these malfunctions as disease, syndromes, etc. Spiritual Plumbers™ help a person release these cellular memory crystals so that the malfunctions will cease.

Collectively, Spiritual Plumber™ team members share their knowledge and experiences with each other. Each one of us has something powerful to add in the balancing of the spirit, mind, emotions and physical body. **What we do know is that each person is unique.** There are many similarities between people who have been given the same label describing their imbalance yet require different treatment for relief. We find that different core issues related to where cellular memory is stored in the body can be detected in people's voice tones. As a person talks, the cellular memory crystals spin, rotate or vibrate. The more the person talks, the faster the cellular memory crystals reveal themselves through out a person's body.

My experience as a medical intuitive includes over 500 people. The Spiritual Plumbers™ extended an open invitation to the medical community to refer any patient that was not responding to the traditional medical treatment protocols. In the beginning, those patients referred by the doctors were the ones who had short periods of time to live. Some of them had gone through many different treatments for years trying to find relief. Modern medicine labeled these patients as having different types of cancer, liver & kidney transplant failure, and malfunctions in parts of their body that were unsolvable or inoperable. As a medical intuitive, I do not label an imbalance. I simply identify the malfunctioning relationship between all systems and receive guidance from GOD on how to make the imbalance correct itself. I do not cure or heal anyone. I make energetic adjustments in the systems using my eyes, eyelashes, fingertips, breath, voice or hands.

Once the medical professionals were convinced that we could help their patients, we began seeing less life threatening cases. This next group included those diagnosed with mental and emotional imbalances. There is a long list of labels for this group. Many of these people had also manifested physical imbalances. This group had invested thousand of dollars and years of their lives trying to find relief. Things in common among this group were: difficult breathing, panic attacks, TMJ, chronic pain throughout various parts of the physical body, migraine headaches, fear, inability to concentrate or make a decision, chronic fatigue or low energy, contemplation of suicide, etc. Referring health professionals found that a session with the Spiritual Plumber™ team brought emotional relief and significant balance back into the physical body.

Another group of patients sent by doctors were the people with muscle, bone and nerve imbalances. This group had experienced years of treatment that would bring short-term relief. This group desired long-term relief and balancing. They received what they came for from their Spiritual Plumber™ Session. Many of these patients returned to the active physical sport life that they had long ago abandoned.

Since March of 1999, health professionals who are known to be the very best in their fields have magically helped me. I have worked side by side with them and their patients. A few of the medical doctors are listed on our website: [wwwspiritualplumbers.com](http://wwwspiritualplumbers.com). Others are preserving their right to privacy at this time. I use my 3D anatomy computer program that tears down the physical body in system layers to communicate what I see. My work has been verified by accepted tests in the medical profession. These tests include MRI, CAT scan, X-Ray, blood, urine and saliva analysis, hair sample, dark field microscopes, DNA and chromosome test panels, and so on. The conclusions that I have drawn from the evaluation have matched the test results each time. I seek to develop the concept of having Spiritual Plumbers™ with extra-sensory gifts involved in the diagnosis and treatment of patients. I envision medical doctors developing and using their extra-sensory gifts or teaming with other Spiritual Plumbers™ in their practice. I know the whole person can be honored and served best when medical science and spiritual science join hands.

Prior to becoming a medical intuitive, I was a registered investment advisor, estate planner, and global infrastructure business development specialist. I have over twenty years of experience turning financial dreams into reality on a global scale. The licenses, registrations, certifications and formal college education in the business world prepared me for the skills of building a team to help me experiment, formulate and implement the concept of Spiritual Plumbers™. The Spiritual Plumber™ concept delivers a more balanced spirit, mind and body approach for improving people's health, pleasure and quality of life.

**Spiritual Plumbers™ specialize in the restoration of joy and pleasure in the lives of decision makers, policy makers, movers and shakers. We are discreet.** A Spiritual Plumber™ Session is a 24-hour process of transformation. I thank you for the opportunity to present the Spiritual Plumber™ concept.

## **Connie Patterson, Spiritual Plumber™ Co-Founder**

My name is Connie Patterson. I am the co-founder with Alice Tomasello of the Spiritual Plumber™ concept. I hold a Psychology degree and a Master of Arts degree from The University of Texas. I blend my formal education in Psychology with my unorthodox practice of releasing traumatic physical and emotional cellular memories and channeling of “spiritual energy”. I coach people to be happier in their relationships with themselves, their lovers, their family, their business associates, and their relationships with money, authority, God, sex, politics, or any other topic that is challenging their ability to be happy.

Alice Tomasello and I started experimenting as a team with what we know as “spiritual energy” in March of 1999. Before 1999, we both actively practiced channeling “spiritual energy” as volunteers to assist all kinds of people that were suffering from physical and emotional ailments. This “spiritual energy” is known by several names among various cultures, religions, and tribes from the beginning of written history. Some call it Chi, Prana, Divine Light, Reiki, Hands-On Faith Healing, God’s Breath, or whatever they choose. It is invisible to most people and not easily detectable by people with untrained senses of sight, touch, hearing, taste or smell. From Alice’s and my perspective, it is very tangible. She sees the energy and I feel it. What we both know from our experience is that this “spiritual energy” is the stuff miracles are made of.

When people come for a Spiritual Plumber™ Session, they are usually in emotional and physical pain. Things have happened to them that make them very unhappy. Some put on a happy face and are very mature and strong on the surface, yet they are really like a steel covered marshmallow. My intention for each of our clients is to make “shift happen” for happier relationships, self-love, self-respect and creativity. I can talk about the techniques I use, but the focus isn’t really about techniques. It’s about tuning in with all of my five senses and feeling the intuitive guidance for what each client needs to become whole and aligned in spirit, mind and body. Touching the heart and spirit of each person is an **art**, not a technique. Clients get a “feel” for how to “catch” the wave. The only way to describe what I pass on as “caught” teachings to our clients is to share one of my essays with you. Here it goes.

### **A sample of how “Shift Happens” during Spiritual Plumber™ Sessions**

#### **When Relationships Go Sad by Connie Patterson**

Maybe fate has us meet many people along life’s journey that result in painful experiences to help us become experts on what does not work. When we finally meet uplifting people, we can easily be grateful for that gift and actively nurture what does work for joy and pleasure.

As relationships go sad, and the door of happiness closes, other doors open. Often times we look so long at the closed door that we don’t see the other openings for opportunity. It is true that we don’t know what we’ve got until it’s gone, but it’s also true that we don’t know what we’ve been missing until it arrives.

Giving someone all your love is never an assurance that they will love you back! Don’t expect love in return, just wait for it to grow in their heart, but if it doesn’t, be content it grew in yours. It takes only a minute to get a crush on someone, an hour to like someone, and a day to love someone, but it takes a lifetime to try to forget someone. You will never forget a person that touches your heart. There are moments in life when you miss someone so much that you just want to pluck them from your dreams and hug them for real! That is the love within you that is to be cherished. Yet beware of confusing love with need. When love is confused with neediness, it distorts into possessiveness. The very nature of love is that it is free. Love cannot be caged, bought or possessed.

As you share yourself with others, don't go for looks, they can deceive. Don't go for wealth, it's only a surface thing. Go for someone who turns up the corners of your mouth and helps you feel alive. It only takes a smile to make a dark day seem bright. Find the ones that dance with your heart, encourage you to express your dreams, go where you want to go, and be what you want to be. In return, give the same freedom and encouragement for others.

You only have this life and this moment to take the steps to do all the things you want to do before this life runs out. It is not the years in your life that matter. It's the life in your years. The purpose and meaning of your life is created when you wake up and become what you dream.

Happiness waits for those who cry, feel pain, search and take steps in a new direction. Experiencing the contrast of joy and pain gives you the opportunity to understand the natural outcome of each choice in relationships. The brightest future will always be based on finding value in the knowledge you gained from the past to apply to your next choices. Learn from your past failures and heartaches, then let them go. Holding on to the past means that your hands, arms and heart are not available to embrace the new day.

Even if you have been wounded in love, have the courage to keep your heart open. It is better to have loved and lost than to have never loved at all. Love begins with a smile, grows with a kiss and lives into eternity. It is the love you make that you take with you when you die. Love is what you are.

Remember that you are love each day and create fresh expressions of that love. When you forget that the true essence of who you are is love and get caught up in judgment, fear, jealousy, possessiveness, and so on, be gentle with yourself. Face your dark side and acknowledge your dark feelings and fears then bring those feelings to the light. Accept that you are a spiritual toddler prone to stumbling and falling until you gain your spiritual balance. Will yourself to step aside from guilt, blame, shame and self-punishment. Make amends, adjustments, and new choices and get on with creating joy and pleasure in your life. In your darkest moments when despair sucks the joy from your heart and you cannot find any pleasure in your life, there is a way out. Bring joy, comfort and ease to another's life through random acts of kindness or kind or playful words to a total stranger. You will connect to your heart once again and heal yourself.

Even though being useful, caring and loving to another is of great value, do not forget to love yourself as much as you would love another. Nurture yourself and be true to your own dreams and desires. When you fill yourself with joy and pleasure daily, you have more love and pleasure to share with another. When you are totally driven by obligations and duty, soon resentment and bitterness will follow. Sacrificing yourself to make another happy or more comfortable at the cost of your own joy is not necessarily the most loving thing to do. Be aware that unconditional love does not mean being an unconditional doormat. You only have as much love to share as you have created and taken in for yourself.

May you have enough joy to make you celebrate, enough trials to make you strong, enough sorrow to make you compassionate, enough hope to make you positive. Be quick to imagine yourself in another's shoes. If you feel the rub or the blisters then it is best to find another way. As difficult dilemmas challenge your life, ask yourself, "What would love do in this situation"? As ideas come to you, ask yourself if this solution is best for bringing love, unity and dignity to yourself and others. Feel your chest, throat, gut, or face relax or tighten and you have the guidance to your own question. Trust your senses to guide you. You know the way.

When you were born, you were crying and everyone around you was smiling. Live your life so that when you die, you're the one who is smiling and everyone around you is crying.

## **Description and Benefits of Spiritual Plumber Services**

A Spiritual Plumber™ evaluation or session with Alice Tomasello is for people who have tried everything traditional and non traditional and neither has helped them find relief, peace, or joy. They are not satisfied with their physical, emotional, or spiritual self. They want relief now. With guidance from God, the Spiritual Plumber™ team delivers relief now. The capacity to live and feel fully instead of merely existing and staying numb can be accomplished instantaneously. Physical, mental and spiritual alignment is required for balanced and zestful living. Spiritual Plumber™ protocols for balance are delivered as they are communicated from GOD.

Spiritual Plumbers™ offer a unique and decisive means to release energy sucking imbalances in your physical and emotional realm and restore playfulness, peace and joy in your life. From our experience, we know that it is possible to bring you out of physical, emotional and spiritual distress, grief, multiple personalities, addictions and paralyzing fear in a very short period of time. A Spiritual Plumber™ session is a 24-hour adventure. First, we listen to GOD. Next, we are guided to make adjustments in your spiritual energy body. Throughout your 24-hour blitz we review your attitudes, ideas and interpretations about the cast of characters and events in your life. You are immersed in a clarifying spiritual energy that helps shake loose what no longer serves you. The Spiritual Plumber™ team members guide you on your path of profound transformation. You jolt into expanded understandings about the meaning and purpose of all parts of your life. Laughter, confidence, determination, creativity and passion emerge as dominate life force energies that direct your life.

Spiritual Plumbers™ serve people who are tired of being tired, sick, lost, ashamed, guilt ridden, traumatized, suicidal, addicted to excess, fractured personalities, feel empty even though they are at the top of their career field, or have been advised by their medical doctor that there is nothing else that can be done. In our conversation with these people, we discover that they have recently been talking to GOD. These conversations with GOD usually are about receiving help. We feel our clients are guided to us to receive this help. Most people do not understand how we do what we do. They really are not interested in understanding the science or technical aspects. GOD does not explain. We trust in GOD and move according to the guidance.

A person, who is ready for a session with the Spiritual Plumbers™, must accept responsibility for their lives and the decisions that they have made along the way. We do not heal anyone. We offer spiritual adjustments that deliver dramatic shifts in perception, in the physical, mental, emotional and spiritual body.

For the past four years, Spiritual Plumbers™ have experienced client after client who have made remarkable transitions from feeling very hopeless to full of life. They become agile human beings with significantly less pain. Their faces glow with enthusiasm, peace and excitement. Pleasure and joy return. The shifts are so dramatic that they experience physical changes. Their mouths open very wide, TMJ disappears, the neck, shoulders, elbows, wrists, hips, knees, and ankles release and rotate more freely. Locked down ribs release and the chest and diaphragm expand one to four inches. Breathing becomes easier and more energy is delivered to the cells. Pain and knots in the torso of the body vanish. Heat rushes up and down the spine for a full-blown sensual kundalini rush. The physical shifts are astounding. The face changes as bones deep in the skull shift. Faces become symmetrical, eyes brighten, and the skin glows. Most people look like they have had a face-lift without surgery.

Throughout the Spiritual Plumber™ session, the client releases smells from the body as blockages are released. Very serious blockages are nasty and toxic smelling. Medical science has labeled the blockages as a disease, syndrome or condition such as cancer, diabetes, irritable bowel, ulcers, chronic fatigue and so on.

Because we are not medical doctors, we do not know all of the labels. What we do know is that during a release strange smells occur with the aroma of fecal matter, rotten eggs, sulfur, wet burlap, musty grass, sour milk, urine, chlorine, anesthesia, alcohol, ether, rotten garbage, or even the pleasant aromas of cotton candy and baby powder. We observe that during the release of these smells, the physical body changes dramatically and warmth surges to where the blockages were released. The low voltage brown outs we see in parts of the body and in the person's energy fields will change to rushing high voltage energy and bright sparkling light.

After detrimental cellular memories and blockages are released, clients experience surprising benefits. One benefit is a deeper richness in taste and smell. Foods have a fresh zing. This occurs when sinuses, throat and ear canals unclog. Clients with thyroid challenges cough up residue trapped between the voice box, vocal cords and thyroid. The crackling physical stiffness in this area becomes smooth and flowing. Speaking and singing take on more of a velvet or silky quality. Clients with clenched tight jaws experience releases that allow the jaw to operate smoothly and freely. Headaches fade and disappear. The mouth opens up to an inch wider and the smile expands to show 4 to 8 more teeth. Lips become fuller. Fine wrinkles disappear and deep wrinkles soften. The average client looks several years younger.

You may ask, how can these dramatic changes occur? We find that many physical imbalances are related to emotional traumas or spiritual issues that are unresolved. As Alice Tomasello sees into a person, the core reason for a physical or mental disturbance will show up as energy disturbances that look like warped lines or brown outs in their outer fields. Alice is able to recognize the cause of these electromagnetic disturbances as either purely physical injuries or as emotional or spiritual issues that are unresolved yet produce physical symptoms. These unresolved emotional and spiritual issues create crystallized debris and blockages in cellular structures. A person is often unaware of these core issues that disturb their physical health in the form of cancer, diabetes, asthma, bladder infections, headaches, liver dysfunction, bowel problems, arthritis, chronic fatigue and more.

Various imbalances in the body are reflected as distorted energy fields with jagged edges, holes, cracks, lumpiness, irregular splotchy colors and dark edges. Another energy field layer has wave patterns that come out of the body that look like long fine hairs. Disturbed wave patterns can look like kinky hair, wobbling lines, bent angles, and wild movements. Different diseases have characteristic wave patterns that shoot from the body in specific places. Damaged and healthy DNA sequences also appear in an energy field layer. Another energy field layer has fields of tiny colored geometric shapes associated with the health and deterioration of organs in the body. One to three feet from the body are larger sacred geometry shapes that are spiritual tools in waiting. Spiritual Plumbers™ install these spiritual tools into a person's physical body to activate spiritual gifts and higher states of multi-dimensional consciousness.

Another layer that Alice Tomasello sees has various symbols and images that give clues about the emotional history of a person. As a person talks about people and the story behind events in their life, energy patterns emerge from their heart, liver, bladder and other organs. Smooth, even energy waves indicate truth and balance and irregular waves indicate that the person is creating a protective illusion and is out of balance with their truth. The more chaotic the energy waves the more serious the emotional problem in dealing with their truth. One's spirit is always fractured or divided if one is out of touch with their higher truth. Difficulty arises when emotions and actions are not in alignment with the heart or spirit's higher intentions. Alice sees and hears the frequencies of stored cellular memories that are distressing in nature. She sees cellular memories as clumps of cells humming at the same frequency level relating to a specific event and moment in time. The cell clumps holding memories of negative experiences are physically painful and can disturb a person emotionally, especially when they are triggered by a similar event. These cell clumps can actually tell her a story or show her a scene from a person's past. Spiritual Plumbers™ have several techniques for helping a

person release their negative cellular memories stored as crystals within the cells. When these crystals are released the person's emotional charge on various traumas and difficulties subsides. One of the most profound cellular releases during a Spiritual Plumber™ 24 hour session is the belly button release. This release is needed when a person's spirit first decided not to stay in the body at the time of birth. Alice Tomasello has witnessed the birth of several babies and found that the spirit enters the body upon its first breath. At first the spirit may be overwhelmed and disturbed by the mother's negative cellular memories that are passed on to the baby's cells as the fetus grows. The spirit is not in the body while the fetus grows and does not experience these hurtful memories until the first breath. The mother's cellular memory imbedded in the uterus, placenta, and the baby's body are what the spirit inherits at birth. Some spirits are so shocked by the harshness of these disturbing cellular memories that an effort is made to leave the body. That effort is unsuccessful once the first breath is taken because the spirit is solidly locked in with the first breath. Only physical death can release the spirit. This may account for the mystery of SIDS-Sudden Infant Death Syndrome where thousands of healthy babies die each year for no apparent reason. This deep spiritual despair creates inner conflict that causes a person to fight themselves unconsciously. We have found a way to help a person deal directly with this peculiar inner conflict. Common characteristics of clients that suffer from this type of inner conflict are: 1) Feelings that they do not fit in with normal people. 2) Feelings that it was a mistake that they were born into their family. 3) Physical complaints of gastrointestinal problems, irritable bowel syndrome, poor digestion, painful sex. 4) Emotional disturbances such as deep-seated depression, caged rage, and suicidal thoughts. When the Spiritual Plumber™ team works on a client that has this inner conflict from birth, the belly button is found to be ice cold deep inside. During this part of the cellular release, the body goes ice cold and blankets are heaped on the shivering client. At the end, the client verbally declares, "I choose this body." A rush of warm energy floods their body and a profound peace waves over them. Many clients have joyful tears, giggle profusely, or sigh with delight. They all glow.

A major component of our work is facilitating the spiritual alignment of the emotional body. Our goal is to relieve the conflict between a person's higher knowing-the heart/spirit, and the mind, the emotions, and the physical aspects. We use a variety of techniques recognized as useful from the field of Psychology and many other techniques that are unorthodox. Some methods help a client restore their personal power and peace by helping them consciously recognize false ideas that no longer apply or hold true for them today. Other methods use the cellular release of detrimental crystals that store feelings that suck energy from the body. Cellular release does not require any conscious awareness or understanding of why that feeling was stored in a specific part of the physical body. We use many other methods to facilitate spiritual alignment of emotions, attitudes and beliefs. Connie Patterson has a background in Psychology and works on the fine details of spiritual and emotional alignment during a Spiritual Plumber™ session. Each of our clients is coached to move through their "shift" by both the conscious and unconscious methods that we use.

A **conscious method** that the Spiritual Plumber™ team uses to help a person gain personal power and peace is to help a client face their fears and emotional pain. Fear is **F**alse **E**vidence **A**ppearing **R**eal. Each person creates interpretations of painful events in their lives. The interpretations are often incomplete understandings of the facts. If the whole picture was examined closely and fully understood the person's story or beliefs would turn out to be distorted. These distorted and false interpretations grow into beliefs and ideas that magnetize similar painful experiences to come their way. The cycle of pain, betrayal, neglect, abuse, and victimization continues to support the original beliefs and ideas. We find that people spend a lot of energy playing the game to keep several distorted or false stories alive. We bust distorted stories wide open and help set our clients free.

An **unconscious method** that the Spiritual Plumber™ team uses to help a person gain personal power and peace is to facilitate a cellular release deep breathing session. This method does not require a client to understand or think anything. The objective is to breathe, feel and release the cellular memory crystals that store distressing emotional and physical memories without having to think about what happened to them. This part of the session takes a person out of their mind and into their feelings. This part involves breathing in a way that facilitates cellular release of harmful memory crystals stored in the body. With each breath, a person breathes away pain, confusion, hurt feelings, disappointments, and feelings of violation to their spirit, mind and body. Several Spiritual Plumbers™ add their encouragement and expertise during this dramatic and powerful “feeling” part of a session. When emotions and body fully align to a person’s higher spirit, the space is opened for spontaneous miracles. A powerful state of grace is experienced. We find that when there is a spiritual alignment of the emotional body, the physical body comes into balance. This is something that cannot easily be explained or understood and has to be experienced to be believed.

Part of the Spiritual Plumber™ session is practical training to live in joy and pleasure. Connie Patterson, who is a specialist with the frequency of words, works with the client in the integration and deletion of detrimental language the client uses in expressing themselves. Most people are not conscious of the words they use everyday which are pure judgment of self or others. Connie helps the client become conscious in the intent of their words. Conscious integration and deletion of certain words helps the client shift out of stinking thinking and focus on their intention to live in joy and pleasure. Clients are coached to become conscious of stinking thinking in their specific life circumstances and are given ideas on how to choose a better way.

The prerequisite for a session with the Spiritual Plumbers™ is: 1) A list of what brings you joy and pleasure now. 2) A list of what used to bring you joy and pleasure and an explanation of why you are not doing those things now. 3) The intention to take responsibility for living fully in joy pleasure, now. 4) The willingness to be open, honest and truthful about feelings, beliefs, events, disturbing actions and yucky creations in your life.

The skills needed to maintain adjustments from a Spiritual Plumber™ session include: 1) Expression of gratitude. 2) Deleting words that are judgmental of self and others. 3) Adding play, pleasure and love to your life and others everyday. 4) Getting clear on what works and does not work for self love, self-respect, and joy in your life. 5) Taking the steps to remove what does not work in relationships with others and adding what does work. 6) Writing an experience story of your session to bring yourself back into alignment when you forget the promises you made to yourself. When our clients follow through with these steps to maintain their adjustments, they do not need to invest in future treatments with us. They become so balanced that other traditional and nontraditional treatments they relied on in the past are rarely needed.

The conscious practice of living in joy and pleasure each nanosecond can be achieved and maintained as an integral part of keeping yourself balanced. Our clients learn that they have the power to choose their feelings. They experience the personal power in choosing what they feel. They accept the direct correlation between what they choose to feel with their emotions and how the body stores the unconscious intent behind those choices. Clues are shared for recognizing unconscious thoughts and actions that are self-sabotaging. Ways are shared for getting conscious of detrimental feelings and gaining the skills to redirect themselves positively. Some of our clients “catch” these understandings with ease while others may need further coaching. Developing the skills for choosing positive feelings takes practice. Taking actions of empowerment takes practice. It takes practice to notice the clues from smell, taste, sounds, sight, touch, and feelings that tell you if you are walking the path of judgment and fear or the path of acceptance, joy and love. Learning how to be gentle with your self takes practice. We are all spiritual toddlers falling down and picking ourselves up again. Specific situations that challenge the emotional balance of each client are reviewed at the end of a session. Practical strategies are discussed to map out the steps needed to restore balance. Our clients are asked to

contact us three days, and two other times after a session to report their progress and personal challenges. If needed, we direct our clients to other services that will help them maintain their progress and grow further.

## **Spiritual Plumber™ Protocol In a Typical 24 Hour Session**

### **A Customized 24 Hour Session with the Spiritual Plumbers™ Includes:**

- ♥ **Physical Imbalance Evaluation** with three-dimensional computer anatomy models
- ♥ **Private Issues & Tissues Session** review naked truths about self & relationships to clear blockages
- ♥ **Voice Frequency Evaluation** to determine missing tones in voice that reflect imbalances
- ♥ **Ion Bed Treatment** energizes and soothes the body with far-infrared rays and negative ions
- ♥ **Private “Royal Flush” Cellular Release Session** with a team of 2 or more Spiritual Plumbers™
- ♥ **Useless Pattern Busting & Perspective Shifting** to free your self from judgment, fear and anger
- ♥ **Intuitive Nutrition Training** learn what foods/meds/supplements/products do and don’t benefit you
- ♥ **Inner Spirit Cosmic Journey** reconnects you to your purity, playfulness, purpose and inner love

### **The Spiritual Plumber™ Team - Alice Tomasello & Connie Patterson**

- ♥ **Alice Tomasello** Alice has extreme intuitive knowing and all five extra-sensory skills fully developed. Alice is a gifted medical intuitive who sees clearly inside your body. Alice precisely sees the overview and detailed layers of the brain, organs, skeletal, circulatory, lymph, and nervous systems down to intricate cellular and DNA levels. Doctors and scientists have verified her skills through the use of x-rays, CAT scans, MRI’s, electron and dark field microscopes. Alice identifies your physical, emotional, and spiritual imbalances and determines the solutions and actions that the Spiritual Plumber™ Team will take. Alice sees, adjusts and torques your energy fields, colored auras, grids, and chakra vortexes to balance your energy body. She sees your new spiritual gifts that are ready to be installed which look like three-dimensional geometric shapes floating in your electromagnetic fields. Alice reads past and present thought forms in nanoseconds. This ability to read thought forms helps her cut through polite smokescreens in people. Real attitudes and feelings are explored so a person can shift into candid conversations that build deeper acceptance of what “just is” about others and self with truth and honesty. Through a series of thoughtful conversations, Alice guides you to fearlessly face and solve blockages in your relationships. Private guidance for issues with tissues is Alice’s forte. Fresh ideas and skills are gained for expanding communication, understanding and living dreams and desires.
- ♥ **Connie Patterson** Connie is a channel of healing spiritual energy with extra-sensory touch, smell, hearing and intuitive knowing. Connie serves as a relationship advisor, perspective shifter, and detrimental pattern buster. Her Masters in Psychology from University of Texas blends with her unorthodox practice of releasing traumatic physical and emotional cellular memories. Her breath-work coaching, spiritual energy and cellular release methods help free clients of chronic physical and emotional conditions. Connie helps people shift ideas and words to allow the release of caged rage, judgment, fear, grief, anger, guilt, shame, blame, jealousy, and feelings of being victimized, abandoned, neglected and betrayed by others. Life has

more pleasure and relationships thrive when individuals neutralize past wounds and achieve personal peace, power and emotional balance.

♥ **Other Spiritual Plumbers™** Various Spiritual Plumbers™ on our team are called on to assist in a session

## **Description of Spiritual Plumber™ Session**

### **The Team Welcomes the Star of the Day**

The Spiritual Plumbers™ welcome the Star and get acquainted. The Star chooses the speed of the Spiritual Plumber™ Session. Choices: crab, turtle, or lion. The Star sets the stage for the intent and goals of their session. The electromagnetic fields of the Star are adjusted, smoothed and torqued to maximum power. This primes the Star for optimum attunement, openness, relaxation, and fearless expression of feelings and truth. The Star's current and past "joy and pleasure" lists are reviewed and discussed. The Star discusses what the goals and intentions are for the session.

### **Evaluation of the Star**

**Alice Tomasello** reveals what she sees in the Star's body with intricate detail of the brain, organs, nervous, circulatory and lymph systems down to the cellular and DNA level. A sophisticated anatomy computer program is used to explain what Alice sees in layers of the organs and brain. Alice links the physical imbalances of the Star to the corresponding emotional and spiritual components. Ways to resolve physical and emotional challenges are discussed and the steps toward growth and balance begin.

**Connie Patterson** evaluates the frequency emission from the words used by the Star in casual conversations. Through out different segments of the session, Connie helps the Star recognize the ideas and beliefs that are behind recurring patterns that cause dissatisfaction in their life and in their various relationships. Connie serves as a perspective shifter and detrimental pattern buster. Connie helps the Star reframe their painful story about life events to create emotionally freeing perspectives. The Star gains skills in applying a "just is" attitude where the foundation is laid for releasing judgment of self and others, blame, shame, fear, grief, guilt, jealousy, and feelings of betrayal, neglect and abandonment.

### **Detecting Imbalances through Voice Tone Analysis**

The Star is on stage and gets the microphone to tell us about the movie or play that they are starring in called "My Life". The Star tells stories about their cast of characters, life events, and their feelings and thoughts about experiences from childhood to adult years. We use technology that tracks the musical notes or sound frequencies that are missing in the Star's speaking voice. Different musical notes are found to be missing in the Star's voice range as different people and subjects are discussed. The composite of missing notes or frequencies in the voice range reflect imbalances in specific parts of the body that are directly related to health challenges. The information from this voice analysis will determine the type of music, color, frequency balancing methods, and personalized techniques that will be used later in the "Royal Flush" part of the session.

### **Relaxing and Energizing the Spirit, Mind and Body**

The Star is pampered in preparation for the “Royal Flush” segment where distressing physical and emotional cellular memories are aggressively released. The Star relaxes on our Ion Bed that produces far infrared rays with soothing deep heat that relaxes muscles and joints, oxygenates the blood, and increases circulation. The Ion Bed energizes the cells with negative ions and reduces free radicals in the blood that reduces fatigue and aging.

### **The Royal Flush**

The Spiritual Plumber™ team of two to four practitioners provides the expertise, emotional support, energy work, and breathing techniques for the Star to successfully shift physical, emotional and spiritual imbalances. This is an intense and aggressive cellular release that unclogs chronic conditions and stuck cellular debris from physically painful and emotionally toxic memories stored in tissues, muscles, nerves, bones, and brain matter. The Star controls the speed and progress of the release. When debris and blockages are released, rapid regeneration, healing, and balancing of the body’s organs, cells and DNA is possible. Many core emotional and spiritual issues are resolved when higher understanding is gained from this massive “feeling and knowing” experience. Toward the end of the “Royal Flush”, the Star reaches hyper-glide and begins the process of freeing themselves from thought trash created from feeling victimized, caged rage, trauma-drama, judgments, blame, anger, shame, guilt, jealousy, neglect and abuse. When draining thought trash is flushed away, more energy becomes available for creativity, personal empowerment, life passions, and extra-sensory powers. The Star experiences a divine state of grace when the mind and body align with their fully open heart. A weightless floating sensation, giddy joy, profound peace, and expansive feelings of freedom occur. This expansiveness carries into everyday life. Delightful synchronicities are noticed and appreciated. Clarity of thought and decisive decisions become effortless with the heart, mind and body aligned.

### **Awards Ceremony**

We present the Star an Academy Award for gaining the skills to consciously use the tools they have had all along to rebuild or remake themselves. We do not “fix” or heal anybody. The Spiritual Plumbers™ have merely served as jumper cables to jump-start and charge the Star’s dead or weak battery system. The Star is empowered to move forward decisively. The Star awakens to unlimited power to balance all aspects of their life in spirit, mind and body. The Star now has the tools to make conscious choices about their feelings, develop skills to balance themselves, and gain awareness of how to create their own destiny with joy and pleasure. Taking full responsibility for life creations in personal and business relationships becomes a way of life. Through higher awareness and understanding, the Star will no longer allow themselves to feel victimized by disturbing events of the past. Spiritual Plumber™ sessions awaken Stars to become conscious and skilled enough to create joy, meaning and purpose in their life everyday. Stars choose their own role in their play or movie and decide how they will interact with their supporting cast of characters. Stars gain awareness that they are more than the Star and are also the Director and Producer of their own drama, tragedy, or comedy.

### **Additional Spiritual Plumber™ Sessions and Services**

Additional sessions further self-development, build extra-sensory abilities, enhance skills for applying spiritual gifts, and provide training as a Spiritual Plumber™ for the betterment of mankind. Couples relationship balancing and enrichment is another personal enhancement program the Spiritual Plumbers™ offer. For those interested in implementing higher spiritual principals and strategies into their business world, the Spiritual Plumbers™ offer training in the business arena as well.

### **Additional Spiritual Plumber™ Services are:**

Training and development of extra-sensory abilities and spiritual gifts  
Couple's relationship balance and intimacy enhancement  
Couple's conflict resolution with fair fighting and fair play  
Business marketing strategies and applying spiritual business practices  
Addiction resolution through balancing physical dependency and core issues that drive the addiction

**Sangeeta Shah, M.D. Teams with Spiritual Plumber™,**  
**Alice Tomasello**

My introduction to Alice Tomasello was no accident. In November of 2001, I met a physician seated next to me at one of the ACAM Conferences who is a medical intuitive and that same week we both met a Ph.D. in the exhibit who also had similar medical intuitive capabilities.

In February 2002, I was looking for a "star chamber" which is designed to deliver scalar wave and healing energy through a computer program. I was given Alice Tomasello's information in Houston since she had a "star chamber". I went to visit her and at that time I learned about her medical intuitive ability. I felt that there was a reason and purpose for why I was meeting her at this time in my life. I knew God was giving me signals that I was ready to grow more in my medical practice and personal life. I felt that when I met Alice, I was being introduced to a person that could help me grow.

I had a session with Alice Tomasello and Connie Patterson. I was so pleased with what happened to me that I asked and my entire family to have sessions. My husband, sister, daughter, and son-in-law also went to Houston for a Spiritual Plumber™ session. I experienced a spiritual awakening and cellular release of my blockages. Words cannot adequately describe the feelings I experienced and the perspective shifts that have impacted my life. My daughter came from California and the experience changed her entire outlook towards life. The quality of all of our lives improved.

On October 24, 2002, the Spiritual Plumbers™, Alice Tomasello and Connie Patterson, arrived at our clinic in Lafayette, Louisiana to conduct experiments with me for two days. I had arranged for Alice to have seven joint consultations for my patients with me sitting beside Alice to test her extra-sensory sight. Each joint consultation involved the patient being shown many detailed images of dissected organs and systems of the body on a three dimensional computerized anatomy program. This allowed Alice to describe thoroughly what she was seeing in the patient's body that did not match the healthy computer model. Alice was not given advance information about any of my patients. Most of the patients knew their diagnosis for particular diseases or conditions. Alice was able to accurately detect and describe several irregularities in different parts of each patient's body. Alice accurately described images of gallbladder problems, metal toxicity, some neurological problems and tumors. Alice went beyond what was already known about each patient's medical history. In addition to the physical problems, Alice discussed unresolved emotional dilemmas she saw stored in cellular memories of my patients. My patients were very candid and open with Alice and I learned more about some of the issues that related to some of their physical and emotional conditions.

One patient that Alice scanned with her extra-sensory sight was someone who had a brain tumor. The patient had a previous diagnosis by MRI while she was pregnant a year ago and a recent MRI three days before Alice saw her. The patient did not undergo surgery even though the diagnosis was that the tumor was cancerous. Alice could see the tumor that she politely called a peanut shell sized “nodule” on the pituitary. Alice described the location of the tumor as on the lower left side of the pituitary slightly to the rear. The patient was impressed that Alice saw the tumor with no prior knowledge but corrected Alice on its location. The patient said the tumor was on the right side and more to the front. Alice rechecked the brain and held firm that what she saw was indeed on the left side and she drew a picture of its size and shape. Since an MRI had just been taken three days ago, I asked if it could be delivered to us that day. Arrangements were made to deliver the MRI. As it turned out, the patient was incorrect about the location of her tumor and Alice was correct about its location, size and shape. Alice’s opinion was that this brain lesion or tumor did not appear to be a malignant cancer because it did not have the frequency emission Alice has observed in malignant cells of other clients she has seen. It was true that the first and second MRI a year apart did not show a change in the size of the tumor. These findings were very impressive to me.

In addition to the seven joint consultations, Alice and her partner, Connie Patterson, put on a group “cellular release breath work” session. Fifteen participants attended. The hour and a half breath work session included deep and rapid mouth breathing with provocative and emotionally moving music. Connie, Alice and the other Spiritual Plumber™ team members used their cellular release techniques on the attendees who were heavily breathing in reclining chairs. Tremendous emotional breakthrough occurred for many patients with release of negative energy that is difficult to describe. Group sharing revealed that most felt emotionally unburdened, lighter and whole from this experience. Some of these attendees went to Houston for a private Spiritual Plumber™ session with Alice and Connie.

Many of my patients have gone through her treatment sessions with phenomenal results. She has helped many families who have gone through her treatments. One special young man I was treating for ADHD lead me to believe there were some family dynamics going on which was preventing his complete healing. At first, his father was hesitant to follow my recommendation to take his son for a session with Alice and Connie. The emotional difficulties got worse and the father decided it was worth a try. After his son’s session, the change he saw on his son’s face and in his attitude was so remarkable that he also had a Spiritual Plumber™ session. Others from my city have gone for sessions and have also received relief and benefits that they did not expect.

You may wonder, “How can I use people with Spiritual Plumber™ skills or develop my own intuitive skills to benefit my medical practice? Each one of us has the ability to heal through energy. Energy medicine is becoming more popular year after year. Many scientific breakthroughs have happened by measuring energy variations emitted through diseased organs. You, as a practitioner, can keep an open mind to energy medicine and look for ways to incorporate technology and people in this field. You can invest in developing your own skills to embrace your own intuitive and extra-sensory capabilities. These steps will expand your ability to help your patients and strengthen your practice.

In conclusion, I was very impressed and moved by Alice Tomasello’s special gift of extra-sensory sight. I was impressed with the Spiritual Plumber™ Team’s ability to help many of my patients to

improve their health and attitudes. New breakthroughs are possible with more practitioners developing their own extra-sensory capabilities or using someone like Alice in the medical field for treatment as well as diagnostic workup. Alice Tomasello's extra-sensory gift of sight has valuable research potential within the medical community. I thank God that He gave me the chance to meet Alice Tomasello and experience the work that Alice and Connie do.

**Sangeeta Shah, M.D.**

***SUZIE LONDON, M.D. (M.A.)***

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A Medical Doctor's View of the Spiritual Plumbers™

I have noted many interesting changes in the people I have sent to The Spiritual Plumbers™. Many of them have commented on the noticeable difference in their energy level. It seems to take less energy to accomplish more in their lives and their general level of health keeps steadily rising. Also, many of their blocks seem to have dissipated. I myself feel fewer impediments to achieving my goals since my own Spiritual Plumber™ session. I feel that the application of my intentions and energy produces more profound results in my own life. Not only have several people mentioned a heightened awareness of their circumstances, but they have also noticed that they are releasing relationships that no longer serve them and drawing in people who are more supportive.

Dr. Suzie London M.D., (M.A.)

Dr. Suzie London M.D. (M.A.) has been involved in the field of energetic healing for 28 years. A devastating car accident left her with a useless arm and no hope from allopathic medicine. Today her arm is perfect. Her search for help led her to the study of Energetic Medicine and an M.D., from the prestigious Medicina Alterniva of Colombo, Sri Lanka, which was founded by world-renown Dr. Anton Jayasuriya. Suzie also has her doctorate in Deha Dhamma Medicine, a 5,000-year-old system of keeping the body in balance. She is the only Western person to receive this honor. Suzie is a practicing ACMOS Bioenergetician and trained with Dr. Naccachian. She is also an IET (Integrated Energy Therapy) Master-Instructor, Reiki Master, and the creator of Resonant Healing.

*Resonant Healing* was created by Dr Suzie London in 1981. Twentieth century science has proven that our beliefs play a huge role in our body's ability to heal. *Resonant*

*Healing* addresses these beliefs as well as the emotional, physical, mental and spiritual blocks to ones healing.

Every individual's block requires a unique key that will enable them to move through to the other side of the issue, so techniques that prove to be successful for some may not be for others. *Resonant Healing* works with the individual and all five senses to find that unique key.

### **A CHIROPRACTIC VIEW OF "SPIRITUAL PLUMBER™" TRAINING**

My name is Dr. Patrick Price. In the spring of 2001, I was invited to a gathering that would forever change my life. Several people from this gathering have made a profound impact on my personal and professional life since that special day. One was Alice Tomasello and other intuitively gifted health practitioners I met that day. Alice is a "medical intuitive" who claimed to be able to see inside the body. She told me everyone had the ability to do what she can do. I believed her! I made a commitment to return for a visit with Alice to learn more. I became fast friends with Alice and her partner, Connie Patterson. During one of my visits, Connie and Alice performed a special treatment on me in their scalar wave chamber. That was the day that my extra-sensory sight kicked in and that day was my first viewing inside the human body-my own! Today, from my extended training, I have traveled on to become a Spiritual Plumber™.

**The Test** One evening I brought over a "Liver Transplant" patient to see what Alice could really do. I did not tell Alice anything about the patient. She not only pointed out to my patient the liver was not hers, but went on to explain many other details about my patient that no other diagnostic testing could reveal. What doubts I had were now gone. I knew that I was ready to begin my training with Alice Tomasello.

**What happens to patients after a treatment?** Since meeting Alice & Connie in the spring of 2001, over 50 of my patients have gone for consultations and Spiritual Plumber™ Sessions. As a Chiropractor, my job becomes easier when Alice and Connie add their touch to my patients. My patients deeply rooted emotional blocks are finally dealt with as Connie and Alice help them release their true core issues through cellular memory release techniques and self-help training. When the patients return to me after a Spiritual Plumber™ Session, the next adjustments hold better. I find that other challenge areas of the physical body can be released with less effort.

**How does this enhance my business and help it to grow?** First, in tough cases, I have someone who is a walking MRI, who can truly see through many layers of the human body. Second, the Spiritual Plumber™ training has enhanced my skills as a Chiropractor. Seeing, feeling, smelling and hearing with enhanced senses, helps me to better diagnosis my patients and to fine-tune their treatment. I can quickly gather information without only relying on usual diagnostic testing such as blood tests, urinalysis, ultra sound, or x-rays. For example, I can assess the shoulder pain of a patient with my extra-sensory visual scan and see that a nerve is trapped in an unusual position. With this instantaneous knowing, I can make the chiropractic adjustments with greater efficiency and effectiveness.

**How can this help in the treatment and diagnosis in your practice?** I have not only increased my innate or intuitive skills, but I have awakened my ability to better understand the human body. It is a joy to find out what is really happening with a patient who has seen many health practitioners and received little relief. I find work more satisfying and rewarding, especially when I see the astonished look on a patients face when I quickly zero in and completely relieve a painful long-standing ailment. Would you like to be more effective as a Doctor? Would you like to better understand and use your intuitive skills? Would you like to improve your business by getting more referrals from your existing patients? Since my training with Alice and Connie, my practice has grown and become more profitable. I run a cash practice and I enjoy my job. I feel sorry for other Doctors, especially friends of mine, who really do not enjoy their

practice anymore or no longer feel challenged. If you truly love what you do and are looking to increase your business or expand your skills, then you may benefit from Spiritual Plumber™ training with Alice Tomasello and Connie Patterson. Once you expand your extra-sensory capabilities and intuitive knowing, you have a higher level of personal and job satisfaction available to you. I found that gaining “Spiritual Plumber™” skills advanced my use of healing techniques by increasing my extra-sensory and intuitive skills as a Doctor of Chiropractic.

## **Spiritual Plumber™ Team Members**

All team members have two or more extraordinary intuitive spiritual gifts of extrasensory sight, hearing, feeling or intuitive knowing. All team members are gifted as channels of “spiritual energy” to assist people in balancing themselves physically, emotionally and spiritually.

**Alice Tomasello** Co-Founder of the Spiritual Plumber™ concept for extra-sensory assessment and attunement of the body. Alice is a medical intuitive who clearly sees inside the body. Alice precisely sees the overview and detailed layers of the brain, organs, skeletal, circulatory, lymph, and nervous systems down to intricate cellular and DNA levels. CAT scans, MRI’s, x-rays, electron and dark field microscopes verify her skills.

**Connie Patterson** Spiritual Plumber™ Co-founder with extra-sensory touch, smell, hearing and knowing. Her Masters in Psychology blends with her unorthodox practice of freeing chronic physical & emotional conditions through release of traumatic cellular memories, channeling healing energy, and aggressively busting through thought trash. She is a relationship coach, perspective shifter, and detrimental pattern buster. Clients gain fresh ideas and skills to neutralize the emotional charge and physical drain from judgment, fear, anger, guilt, shame, blame, jealousy, and feelings of being victimized, abandoned, neglected and betrayed by others.

**Sangeeta Shah, MD, FCAP, FASBP, FACAM.** She is on the ACAM Board of Directors, an alternative medicine organization. She is board certified in pathology, hematopathology, and bariatric medicine. She is a trailblazer that trains other doctors in alternative medicine, nutritional approaches to healing, chelation therapy, weight management, and anti-aging protocols. She blends cutting edge technology with the best of traditional and alternative medicine to facilitate optimum health and image vitality.

**Julia Guerra** Special Projects Coordinator Department of Molecular and Human Genetics Laboratories at Baylor College of Medicine. As Alice Tomasello reports what is seen spiritually, Julia provides the team a scientific perspective on chromosomes, DNA, receptors, telomeres, and cellular biochemical reactions.

**Suzie London, MD/MA** She has been involved in the field of energetic healing for 28 years. A devastating car accident left her with a useless arm and no hope from allopathic medicine. Today her arm is perfect. Her search for help led her to the study of Energetic Medicine and an M.D., from the prestigious Medicina Alterniva of Colombo, Sri Lanka. Suzie also has her doctorate in Deha Dhamma Medicine, a 5,000-year-old system of keeping the body in balance. She is the only Western person to receive this honor.

**Starr Fuentes** A master teacher of clients and students ready to access untapped powers of the unconscious mind and super-conscious soul. Starr is known as the “White Curandera” of the Mayan healing traditions. Starr has brought thousands of men, women and children to emotional, mental and physical health with her eclectic use of ancient healing techniques, modern psychological tools, psychic abilities, and humor. In 1995, she introduced “Divine Intervention” to the world, an effective technique for removing tumors from the body.

**DicQie Fuller-Looney Ph.D** A trail-blazer in nutrition and health science focusing on enzyme research and formulation of enzyme therapies along with herbal nutritional supplements. She supports Spiritual Plumbers™ with enzyme and herbal products and educates health professionals on enzyme therapy.

**Sandra Rose Michael** A Hawaiian Kahuna who blends quantum physics with the art of hands on healing. She uses the transformational frequency of ecstasy to raise the body's vibration to accelerate healing. Sandra is the developer of the Scalar Wave Star Chamber the Spiritual Plumber™ founders use in their practice. The Star Chamber purifies blood, improves nutrient absorption and mental focus, strengthens the immune system, vitalizes patients with cancer, diabetes, AIDS & more, plus anti-aging benefits from raising cellular energy.

**Dr. Simone Little** A Naturopathic doctor with gifts of extra-sensory touch, smell, sight & intuitive knowing. Her ability to channel healing spiritual energy combined with application of energy medicine, nutrition, herbal supplements, lymphatic detoxification, and counseling facilitates better health and emotional well being in her patients. Her clients gain natural health education along with advice for designing personal environmental harmony through the art of Feng Shui to boost energy, focus, and clarity through space transformations.

**Janet Dunbar, RN, OCN** 33 years of nursing experience. Oncology Certified Registered Nurse since 1992. She has experience in blending traditional medicine with alternative medicine, Cardiovascular, Neurology and Neuro-Surgery, Orthopedics, AIDS and HIV Care, Geriatrics, Grief Management, Chelation Therapy, Electrodermal Stress Analysis/Bio-Energetic Testing.

**Bonita Tharp** A registered massage therapist combining Spiritual Plumber™ extra-sensory assessment and attunement to her practice. Bonita uses her energy channeling techniques, extra-sensory hearing, feeling and knowing to balance the physical and energy bodies of her clients.

**Eileen Miller** A teacher and channel of spiritual healing energy with gifts of sight, touch, smell and intuitive knowing. Eileen is a specialist in helping clients retrieve parts of their heart and soul that split off at the times of major upset, disillusionment, betrayal, trauma or abuse. Eileen uses Reiki, an energy healing method, along with therapeutic massage and other spiritual energy techniques to facilitate healing in her clients.

**Pat Hendricks** An advocate and teacher of holistic health care for 30 years. As a young woman, Pat was diagnosed with arthritis, fibrocystic breast cancer and multiple sclerosis. This was cause enough for deep soul searching and intense research into alternative healing possibilities. Pat healed herself through alternative methods and philosophies of self-empowerment. Today, Pat shares her knowledge of complementary healing modalities including homeopathy, iridology, herbs & gardening, foods & supplements, nutrition & cleansing. She helps you understand how to regulate and balance your body and return to vibrant health.

**Sandra Werner, PhD** An Ocean Physicist and Aerospace Engineer who began as a client then became a team member with the Spiritual Plumbers™. Sandra learned to reconcile the demands of a highly scientific mind trained for factual thinking with intuitive knowing and trusting her senses. Sandra is increasingly involved with the Spiritual Plumber™ team, while at the same time keeping her scientific occupation and focus.

## **Tools for Workshop**

Visible Productions, 3D biomedical imagery for the Interactive Atlas of Human Anatomy will be used in the presentation.

This 3D anatomical library is rotatable, dissectible and fully labeled.

This library will be used to compare what Alice Tomasello sees versus what Sangeeta Shah, MD diagnosis.

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Visible Productions  
201 Linden Street, Suite 301  
Fort Collins, Colorado 80524  
[www.visiblep.com](http://www.visiblep.com)

## **Learn Three Spiritual Plumber™ Energy Techniques**

- 1. Opening up the hands for maximum energy flow.**
  - a. Press on the center of the palm of the hand and hold for 1 minute.**
  - b. Take a deep breath and breathe into the center of the palm of the hand.**
  - c. Repeat the procedure on the other hand.**
  - d. Bring the hands together in a pumping action.**
  - e. Pump the hands back and forth until heat, tingling fingers are felt.**
  - f. Pump the hands until you feel an imaginary pressure, like a ball, exists between the hands.**
  - g. Next, place this ball over your head or another persons head and imagine it sinking through the body to the feet. Feel the energy buzz.**
  
- 2. Reconnecting the heart to the head.**
  - a. Place one hand on the top of your head and the other in the heart area.**
  - b. Gently tap with your fingers on the head and on your heart.**
  - c. Tap until you feel an energetic connection between the head and heart.**
  - d. Tap until a rush of heat flows from the top of the head and out of the heart area.**
  - e. Feel how this heart to head connection offers peace, clarity and focus.**
  
- 3. Opening up the charkas and meridian lines of your spiritual energy body.**
  - a. Using your hands as imaginary rakes, rake from the top of your head to your feet with your fingertips facing your body.**
  - b. Repeat this exercise until you feel energized.**

### **Spiritual Plumbers™ Client Testimonials**

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I had been seeing Dr. Price (*Chiropractor*) for a couple of months already, when he said that I was ready to go see Alice. The first thing she (*Alice*) told me was that I was going

to explode and that I needed to have the session right away. And it was true. I was ready to explode. Everything bothered me and I would start crying for no reason at all. I scheduled my session for that same day, after work.

Once the session started, my body started to tingle everywhere. It felt like I had electricity rushing through my body. I had never felt anything like it. I started to yell and cry out affirmations such as “I’m tired of the old baggage buried inside me”. I don’t know what all the ladies were doing, since I had my eyes closed, but I do know that they were touching me in different parts of the body. At the end of the session ... I almost felt like I was floating and I also saw a bright white light.

The next day I had an appointment with Dr. Price and he told me that I was “glowing”. I definitely felt like a different person. I am much happier now and feel like I got rid of all the anger inside me.

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From my initial meeting with Alice and Connie I was quickly put at ease. First of all, I knew these people could help me. Next, I felt ready. During the experience, I lost all fears of something ugly revealing itself, or something going wrong, and when it was all over ... I felt a distinct sense of calm and peacefulness. I felt very awake and energized. I felt light. I felt as if my air had been purified. I looked at myself in the mirror before bedtime and threw a smile at myself.

Today, I feel content, I feel secure, and I feel strong. I have no reason to doubt that this will continue. I feel my colleagues at work are responding well to me, and this includes Presidents and Vice Presidents. Interestingly enough, a week after my session, I have been in two long meetings with the executives officers of my company; the exposure can’t be a bad thing. Maybe a promotion is in the wings!

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Alice has a unique ability to see into the trouble spots of the body and its memories, and Connie is absolutely supportive with her energy and truth. They are remarkable people and truth seekers. It has been my privilege to know them and be in their presence.

The information that has been supplied to me (*in the Star Chamber*) allows me to move forward in my truth, and give me the freedom to move on and become what it is I am here to become.

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That first informal meeting convinced me to go further because she (*Alice*) seemed to be able to read my mind. She looked right through the outer layers of my body.... I wanted to be free of my past baggage. Wouldn’t it be nice to be free of the past and be able to get on with the future with vitality and purpose?

The Star Chamber is like nothing you've ever experienced before. As I closed my eyes, the music started and I began to breathe in energy and exhale out toxins at a fast pace. They (*Spiritual Plumbers*<sup>TM</sup>) touched different spots on me, tapping and shaking my body back and forth and spoke encouraging words... I was going with whatever feelings came up. I started seeing colors and bright white light. Alice informed me that my mother was present and I felt her there and she talked to me. I almost felt like I had left my body. It was a wonderful, "floaty" feeling... After I got up and went downstairs (*into the main house*), I felt totally unburdened, peaceful and very happy. Like a new person. I felt like I had rid myself of everything negative. And I felt as if I had gained some kind of inner power ...

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During my lifetime, I experienced different events, some extremely traumatic, that allowed my core personality to fracture. After nearly seven years of intense psychotherapy, and immediately following a brief hospitalization for a suicidal episode, I entered the Star Chamber.

What happened to me in the Star Chamber was nothing less than an unquantifiable experience encompassing memories of my past brought to the surface of my spiritual, physical and emotional awareness. While I was in the Chamber, I felt the ability to completely let go of my pain, give it all to God, and begin employing radical forgiveness in all areas of my life. The object was to let go, trust, and allow Alice and Connie's gifts to help me tune into the joy frequency. It was incredible. It felt like pure love and acceptance.

Quite simply, in a moment I understood clearly that joy was a frequency and if I wanted to feel it, it was a choice.

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The cellular release seemed to remove the subtle programming, which has kept me imprisoned in my current physical environment. All of a sudden, there were no boundaries in my ability to think and act in congruence with those things that bring me joy in my life. I started to get clarity and knowingness... This change in myself changed my relationship with my husband instantaneously ... he began to open, and our current channel of communication is wonderful.

The most exciting event was that within one month of the release, I met my higher self, my soul.... She revealed herself to me one evening. Her name is Sirena, and we are in the process of merging into one entity.

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